THE

EIGHTH ANNUAL REPORT

OF THE STATE OF THE

UNITED LUNATIC ASYLUM,

FOR THE

COUNTY AND BOROUGH OF NOTTINGHAM,

AND

THE FIFTY-THIRD OF THE ORIGINAL INSTITUTION,

FORMERLY

THE GENERAL LUNATIC ASYLUM,

1863.

NOTTINGHAM:

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1864.

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OFFICERS FOR THE YEAR 1864.

REV. T. C. CANE, Chairman.

COMMITTEE OF VISITORS

APPOINTED BY THE JUSTICES OF THE COUNTY OF NOTTINGHAM.

THE RIGHT HON. EARL MANVERS.
J. S. GREGORY, ESQ.
H. SHERBROOKE, ESQ.
W. H. BARROW, ESQ., M.P.
C. PAGET, ESQ., M.P.
J. T. EDGE, ESQ.
J. B. TAYLOR, ESQ.
R. MILWARD, ESQ.
R. BIRKIN, ESQ.
F. C. SMITH, ESQ.
R. KELHAM, ESQ.
THE. REV. J. D. BECHER.
THE REV. T. C. CANE.
THE REV. G. F. HOLCOMBE.

APPOINTED BY THE COUNCIL OF THE BOROUGH OF NOTTINGHAM.

T. CULLEN, ESQ.
L. HEYMANN, ESQ.
W. VICKERS, ESQ.
W. PAGE, ESQ.
T. ADAMS, ESQ.
T. BALL, ESQ.
W. PARSONS, ESQ.

OTHER OFFICERS.

TREASURER.

H. SMITH, ESQ.

RESIDENT PHYSICIAN AND SUPERINTENDENT.

W. PHILLIMORE STIFF, M.B.

CHAPLAIN.

REV. W. H. WYATT.

ASSISTANT MEDICAL OFFICER.

MR. T. R. PEARSON, M.R.C.S. Eng.

CLERK.

MR. KEMP SANBY.

MATRON AND HOUSEKEEPER.

MISS MOTSON.

STORE-KEEPER.

MR. TEMPLE.

TO THE

COURT OF QUARTER SESSIONS

FOR THE COUNTY,

AND TO THE

TOWN COUNCIL OF THE BOROUGH OF NOTTINGHAM.

The Committee of Visitors of the Lunatic Asylum at Sneinton, for the County and Borough of Nottingham, in presenting their Annual Report in accordance with the 62nd sect. of the 16th and 17th Vic., c. 97, have to express their entire satisfaction with the state and condition of the Asylum, under the management of the medical superintendent, Dr. W. P. Stiff.

The number of patients at present under care, consists of

MALES.	FEMALES.	TOTAL.
160	157	317

The space left unoccupied is sufficient for 62 patients, viz:

MALES.	FEMALES.
47	15

The Asylum, therefore, can accommodate 379 patients, viz:

MALES.	FEMALES.
207	172

On the 31st December, 1862, the number of patients in the house was

	MALES.	FEMALES.	TOTAL.
	160	154	314
Admitted in 1863	50	37	87
Discharged recovered	24	12	36
,, relieved	5	3	8
,, not improved	1	1	2
Died	20	18	38

Compared with the previous year the changes are as follows :

	ADMISSIONS.	RECOVERIES.	REMOVED.	DEATHS.	PATIENTS ON DEC. 31.
1862	91	40	4	37	314
1863	87	36	10	38	317

The weekly charge to the various Unions has been 7s. 9d.—this sum includes provisions, clothing, medical attendance and medicines, wages, fuel, washing, bedding, and other establishment expenses. The Committee regard this as a moderate charge, as there are a number of aged, feeble, and paralysed cases, requiring more continued nursing, and a greater amount of comforts than those who are liable to periodical attacks of insanity unaccompanied by bodily illness.

The new wing referred to in the last report has been completed and paid for.

New policies of insurance have been taken out so as to include the new and old buildings.

Forty-six blank windows in the main front have been cut down and replaced by cast iron window frames, glazed, and guarded at night by shutters from within, thus doing away with the prison-like appearance of the building, and affording more light and air to the apartments.

The paved floor of a room used as a lavatory in the female ward No. 5 has been taken up, and replaced by a boarded floor, the room supplied with a fire-place, and furnished as a sick chamber.

The adjoining bath room is now used as a lavatory.

A similar improvement has been effected on the men's side.

The land adjoining Walker-street, purchased in 1862, has been paid for out of the general balance in hand.

The Commissioners in Lunacy made their annual inspection of the Asylum in March last. Their report will be printed and distributed as usual, together with the abstracts of the accounts and other statistical papers shortly after the audit, which will take place previous to the month of March, in accordance with sec. 60, 16 and 17 Vic., c. 97.

T. C. Cane,

CHAIRMAN.

JANUARY 6TH, 1864.

ANNUAL REPORT OF THE SUPERINTENDENT.

Mr. Chairman, my Lord, and Gentlemen,

The following table comprises a summary of the various changes which have taken place in the numbers of the insane patients in the Asylum during the year 1863 :—

				M,	F.	T.
Patients remaining December 31st, 1862				160	154	314
Ditto admitted during 1863				50	37	87
Total under Treatment				210	191	401
	M.	F.	T.			
Discharged recovered ..	24	12	36			
,, relieved ..	5	3	8			
,, not improved ..	1	1	2			
Died	20	18	38			
	50	34	84	50	34	84
Remaining December 31st, 1863				160	157	317

The admissions, 87, are 4 below those of the previous year, and are the fewest that have been recorded during a period of six years. The effect of legislation since 1845, has been to stimulate parochial officers to consign to the Asylum numerous cases of unsoundness of mind previously disregarded or not considered as requiring confinement. Shortly after the passing of the Act 8 and 9 Vic., c. 126, the admissions rose to 124, and occasionally have exceeded 100 annually, but the registers of the last two years show a decline. It

may, therefore, be inferred that the artificial increase in the numbers received into the Asylum occasioned by various statutory enactments has already reached the maximum, or at least been checked; and it seems probable that the accumulation of lunatics in the establishment will in future take place at a slower rate, and that the number of new cases brought for treatment will not be so relatively disproportionate to the increase of the general population as it has been hitherto.

The recoveries amount to 36, or 41.37 per cent. on the admissions. The deaths are 38, or 9.47 on the number under treatment, and 11.8 on the mean resident population.

The deaths and discharges have not kept pace with the admissions, and there is consequently an excess of three patients remaining at the end of the year.

The death rate is below the average of the preceding five years, but upon the whole has risen since the Asylum ceased to receive patients of the middle class. This is in accordance with the experience of other institutions. The indigent poor are sent in for treatment in a far more exhausted state of bodily health than the classes above them, and many, owing to the distressed circumstances of the friends who are unable to provide for them are brought in to be nursed and to die. The increasing practice of confining aged persons, who from imbecility of mind have become troublesome to manage, and others suffering from the effects of acute diseases of the brain, such as delirium tremens, phrenitis, and the delirium of fever, has also contributed to raise the death rate.

There have been no epidemics or disorders that could be considered preventable. There are, however, many aged and paralysed cases which have accumulated during the long series of years that the Asylum has been in operation. Some individuals have been inmates upwards of thirty years.

No suicide or fatal accident has taken place in the Asylum, but one man died from the effect of a cut throat inflicted before his

admission. He was also suffering from consumption at the time. One man escaped and reached home after the term had elapsed for re-capturing him. His friends have made no objection to his remaining with them.

No patients have been refused admission for want of room. I was compelled, however, to decline receiving a poor woman of industrious habits, who came of her own accord to the Asylum asking to be placed under treatment as a patient. She was in a state of acute melancholia and apparently suicidal. She alleged that she was unable to take care of herself on account of distress of mind, and that the Asylum was the best place for her. She brought her Savings Bank book with her as a guarantee for the payment of the cost of her maintenance, showing funds sufficient to last for about three months. She was allowed to remain a few hours till her friends could be communicated with, and upon their arrival she departed under their care.

The following improvements have been effected :—

1. The removal of the blank windows in the front of the main building already referred to by the Chairman.

2. The enlargement of some others in the detached wing for male patients.

3. The substitution of several cast iron baths for the slate ones formerly in use.

4. A sick chamber has been provided for those galleries not previously possessing one. Every gallery is now complete in itself, and each the counterpart of the others in arrangements. Sick patients can now be treated in their usual apartments without disturbing them by removal to other parts of the house, or placing them under charge of persons unacquainted with their habits and delusions.

The number of patients estimated as curable is 51, as incurable 266. The daily average of lunatics resident is 320.4, namely, males 167.07, females 153.33.

The number of re-admissions 10, 7 males, and 3 females.

In conclusion, I beg to add that the attendants and nurses generally have performed their duties in a satisfactory manner towards the patients, and have conformed duly to the regulations of the house.

I have the honour to be,

Mr. Chairman, my Lord, and Gentlemen,

Your obedient Servant,

Wm. Phillimore Stiff, M.B., Lond.,

SUPERINTENDENT.

County and Borough Lunatic Asylum,
Sneinton, near Nottingham,
January 20, 1864.

REPORT OF THE COMMISSIONERS IN LUNACY.

NOTTINGHAM COUNTY AND BOROUGH ASYLUM,

MARCH 5TH, 1863.

SINCE our visit on the 20th of February, 1862, the following changes have taken place among the patients :—

	M.	F.	T.
Admitted	55	45	100
Discharged	23	20	43
Died	24	12	36

Of the patients who were discharged, 38 are reported to have been recovered.

The deaths have been from ordinary causes, but general paralysis has proved fatal in 10 out of the 36 cases of death.

An inquest was held on the body of one man who died of epilepsy.

There is a somewhat large proportion of feeble cases, but the general health is good, and no disease of an epidemic character has prevailed.

Twenty-three of the patients were last week under medical treatment.

We have seen and spoken to every patient in the house, of whom there are 166 men, and 154 women.

There was very little excitement, and the personal condition of the inmates was satisfactory.

We were glad to hear many of them speak very favourably of the treatment they received, and they made no complaints against the nurses and attendants who seem to be of a respectable class.

The general arrangements for the employment of the patients are the same as before reported.

The return for yesterday shows that of the men, 22 were occupied in the garden, 4 in the kitchen, 9 in the workshops at different trades, and 54 assisting in the galleries.

Of the women, 21 found employment in needlework, 26 assisted in the galleries, 28 worked in the laundry, and 5 in the kitchen.

The average attendance at chapel is 80 men, and 72 women, divine service is performed on Sunday and Thursday.

We found all the wards in a clean state, and the bedding was good and comfortable.

The additions on the male side are completed, and some of the rooms are occupied, but much remains to be done in the way of painting, decoration, and furniture, to render them suitable for their purpose.

The new wards will provide 60 additional beds, and day rooms capable of accommodating 40 patients.

So soon as these wards are fully occupied, some rooms in the centre building now used by male patients, will be thrown into the women's wards, which seem to us to be somewhat overcrowded.

We notice that new windows have been broken out in some of the day and sleeping rooms, and that some baths of improved construction have been provided.

It is proposed to improve the majority of the other baths which are of faulty construction, and we recommend that in every case the hot water tap should be protected.

The visitors have lately completed the purchase of $\frac{3}{4}$ of an acre of land to the south of the Asylum property, which although of little value for agricultural purposes, will prevent the erection of buildings overlooking the airing courts.

The new building on the men's side will provide some rooms for tailors and shoemakers, &c., and we hope that efforts will be made to employ a larger number of the patients in those trades.

We recommend that handrails should be placed in the staircases.

That blinds be put up in the dormitories.

That more of the rooms should be painted, papered, and coloured.

That the fire guards should be cut down.

That there should be more variety in the women's dresses, that a woollen material should be supplied.

That the men should have light shoes for use indoors, and that a proper shoe room be provided for the use of the patients who work on the land.

We also suggest that arrangements should be made for giving some of the women opportunities of taking exercise beyond the precincts of the Asylum premises, as is already done on the male side of the house.

The return of the number of patients found wet or dirty during the night previous to our visit showed ten of each sex, and the Medical Superintendent states that the system of night watching and attendance, works in a most satisfactory manner.

We learn that mechanical restraint is never employed in this Asylum, and the records show that seclusion is rarely resorted to, and principally in the cases of two or three very troublesome and destructive patients.

We are glad to be able again to express our approval of the general state and management of this Asylum.

W. G. Campbell,
James Wilkes, } COMMISSIONERS IN LUNACY.

APPENDIX.

Table I.

CLASSIFICATION OF PATIENTS IN THE ASYLUM ON 31st DECEMBER, 1863.

	M.	F.	T.
County Paupers	116	99	215
,, Criminals	3	1	4
Borough Paupers	36	48	84
Borough of Newark Paupers (not contributing)	4	7	11
Out-County Paupers (ditto)	1	2	3
Total.. ..	160	157	317

Table II.

SHEWING THE ALLEGED CAUSES OF INSANITY IN THE ADMISSIONS, 1863.

Physical.	M.	F.	Moral.	M.	F.
Hereditary	4	7	Grief at Death of Relatives	0	3
,, and Relapse ..	1	1	Trouble	1	3
,, and Epilepsy..	1	0	Religious Excitement ..	1	0
,, and Sun-stroke	1	0	Over-study	1	0
Relapses	6	5			
Epilepsy	5	5			
Disease of Brain	2	1			
Intemperance	7	0			
Congenital	2	4			
Out of Work	2	0			
Bodily Illness	3	1			
Fever	0	2			
Kicked on the Head by a Horse	1	0			
Struck by Lightning ..	1	0			
A Fall	1	0			
	37	26		3	6
Unknown	10	5		50	37

TABLE III.

SHEWING THE FORM OF INSANITY IN THE PATIENTS ADMITTED.

	M.	F.
Mania Acute	26	12
„ Chronic	0	3
„ Remittent	1	0
„ Epileptic	6	5
„ Puerperal	0	1
Melancholia	10	11
General Paralysis	4	1
Imbecility	1	0
Congenital Idiocy	2	2
„ Imbecility	0	2
	50	37

TABLE IV.

GENERAL STATEMENT OF ADMISSIONS, DISCHARGES, &c., SINCE THE FORMATION OF THE UNION BETWEEN THE COUNTY AND THE BOROUGH ON 31ST DECEMBER, 1855.

(For the Statistics from the opening of the Asylum, on February 12th, 1812, up to 31st December, 1855, see former Reports.)

Private and Pauper Patients received up to August 1st, 1859.

Year.	Number of Admissions.	Recovered.	Relieved, on Trial, and Removed.	Died.	Remaining December 31st.	Total under Treatment.	Daily Average Resident.	Per Centage of Recoveries on Admissions.	Per Centage of Deaths on Daily Average.	Per Centage of Deaths on Total Number under Treatment.
1856	89	30	49	17	223	319	216.17	33.70	7.86	5.32
1857	86	28	11	23	247	309	239.08	32.55	9.62	7.44
1858	114	36	40	26	259	361	255.60	31.35	10.17	7.20
1859	128	39	60	27	261	387	256.38	30.46	10.53	6.97

Pauper Patients only received after August 1st, 1859.

1860	98	39	5	41	274	359	268.83	39.79	15.25	11.42
1861	121	31	21	39	304	395	293	25.61	13.31	9.87
1862	91	40	4	37	314	395	305	43.95	12.13	9.34
1863	87	36	10	38	317	401	320	41.37	11.8	9.47

TABLE V.

	M.	F.	T.
Re-admissions from 1812 to 1863	308	241	549
Ditto during 1863	7	3	10
Total	315	244	559

TABLE VI.—RECOVERIES.

No. on Register	Sex.	Age and Civil State when Admitted.	Alleged Length of Time Insane when Admitted.	Duration of Residence in the Asylum.	Supposed Cause of Insanity	Form of Disorder.
1300	M.	56 years—Married	Five weeks	285 days	Excitement through drinking	Recurrent Mania
1374	F.	28 ,, ,,	Two weeks	29 ,,	Injured by a blow on the head	Mania
1370	M.	36 ,, ,,	Four days	60 ,,	Relapse	Acute Mania
1375	F.	28 ,, ,,	Two weeks	81 ,,	Religious excitement	Acute Mania
1193	F.	39 ,, Single	About 8 months	1 year and 18 days	Not known	Mania
1353	F.	24 ,, ,,	Four months	179 days	Childbirth	Acute Mania
1359	M.	57 ,, Married	Three weeks	160 ,,	Relapse	Melancholia
1372	F.	24 ,, Single	Five days	121 ,,	Scrofula	Acute Mania
1376	M.	38 ,, Widower	Six days	107 ,,	Recent death of his father	Acute Mania
1383	M.	28 ,, Single	About 2 weeks	102 ,,	Hereditary. Sunstroke	Melancholia
1394	M.	48 ,, Married	About 2 weeks	60 ,,	Hereditary	Melancholia
1321	M.	31 ,, ,,	Five days	302 ,,	Scrofula. Religious excitement	Acute Mania
1405	M.	57 ,, Widower	Six weeks	57 ,,	Not known	Melancholia
1404	M.	50 ,, Married	Ten years	92 ,,	Trouble by losses	Mania
1033	M.	50 ,, Widower	A few days	3 years & 279 days	Hereditary	Mania
1388	M.	36 ,, Married	Five days	142 days	Relapse	Acute Mania
1239	M.	9 ,, Single	A month or two	2 years and 4 days	Not known	Dementia
1420	M.	22 ,, ,,	About a week	57 days	Kicked on the head by a horse	Epileptic Mania
1421	F.	25 ,, Married	Eight days	54 ,,	Hereditary	Acute Mania
1346	M.	44 ,, Single	Not known	294 ,,	Not known	No marked symptom of Insanity
1400	M.	45 ,, Married	About 3 weeks	165 ,,	Religious excitement	Mania
1320	F.	52 ,, ,,	About 5 months	1 year and 80 days	Hereditary	Acute Mania
1417	F.	63 ,, ,,	About 1 week	116 days	Relapse	Acute Mania
1427	M.	55 ,, ,,	About 6 months	88 ,,	Not known	Mania
1435	F.	28 ,, Single	Two weeks	40 ,,	Weakness	Melancholia
1412	M.	20 ,, ,,	Six weeks	179 ,,	Not known	Mania
1442	M.	35 ,, Married	About 10 days	33 ,,	Relapse	Recurrent Mania
1339	M.	53 ,, ,,	Six weeks	321 ,,	Crush from a mill-stone	Melancholia
1379	M.	27 ,, Single	About 10 days	173 ,,	Drinking	Acute Mania
1148	F.	59 ,, Married	About 3 weeks	3 years and 39 days	Relapse	Mania
1225	F.	55 ,, Single	Four months	2 years & 181 days	Relapse	Melancholia
1438	F.	28 ,, ,,	About 1 month	89 days	Hereditary	Mania
1392	M.	28 ,, Married	More than a mth.	297 ,,	Not known	Acute Mania
1433	M.	65	Fourteen days	95 ..	Hereditary	Melancholia

		Age when admitted.		Remarks. Febrile. Black Eye. Abrasion of Nose.	Period before Admission.	Duration in the Asylum.		Cause of Death.
1111	M.	35 years	Married	Mania. Febrile. Black Eye. Abrasion of Nose.	1 week	2 years 207 days		General Paralysis of the Insane
1198	M.	40 ,,	,,	Mania with General Paralysis. Weakly. Anæmic.	About 1 week	1 ,, 288 ,,		General Paralysis of the Insane
1312	M.	45 ,,	,,	Melancholia. Much exhausted.	1 month	216 ,,		Disease of the Brain
1349	M.	55 ,,	Widower	General Paralysis of the Insane. Feeble	About 4 mths.	115 ,,		General Paralysis of the Insane
201	F.	72 ,,	Married		About 4 years	17 ,, 32 ,,		Insanity and Old Age
1332	F.	33 ,,	,,	General Paralysis. Exhausted.	6 months	227 ,,		General Paralysis of the Insane
1097	F.	30 ,,	,,	Acute Mania Febrile. Wound of Forehead	14 days	1 ,, 333 ,,		Mania and Anasarca
1393	F.	53 ,,	Single	Epileptic Mania. Weakly.	6 weeks	15 ,,		Epileptic Mania and Exhaustion
1039	F.	33 ,,	,,	Chronic Mania. Thin. Weakly.	4 yrs. 198 dys.	3 ,, 181 ,,		Insanity and Consumption
1269	M.	47 ,,	Married	Mania. Weakly. Œdema.	About 9 mths.	1 ,, 131 ,,		General Paralysis of the Insane
1340	M.	45 ,,	,,	Epileptic Mania. Bad. Feverish.	,, 2 days	204 ,,		Mania and Epilepsy
1294	M.	40 ,,	Single	Mania. Chorea.	,, 1 year	1 ,, 34 ,,		Mania and Chorea
1235	F.	40 ,,	Married	Mania. Paralytic.	,, 1 year	1 ,, 197 ,,		General Paralysis of the Insane
1109	F.	55 ,,	,,	Mania. Fair.	,, 21 mths.	2 ,, 308 ,,		Paralysis and Insanity
839	F.	50 ,,	Widow	Mania. Febrile. Cicatrix on Throat.	,, 13 days	5 ,, 126 ,,		Disease of the Kidneys & Dropsy
1403	M.	52 ,,	Widower	Mania. Bad. Suffering from Disease of the Chest	,, 1 week	24 ,,		Phthisis
1288	M.	49 ,,	Married	Typhoid Delirium & General Paralysis. Exhausted	7 or 8 weeks	1 ,, 95 ,,		Softening of the Brain
1387	M.	46 ,,	,,	General Paralysis. Weakly.	10 months	84 ,,		General Paralysis and Apoplexy
396	F.	43 ,,	Single		12 months	14 ,, 298 ,,		Chorea
1224	M.	49 ,,	Married	Mania. Weakly.	5 years	1 ,, 328 ,,		General Paralysis of the Insane
1402	M.	62 ,,	,,	Melancholia. Exhausted. Suffering from Cut Throat	6 weeks	49 ,,		Cut Throat & Disease of Lungs. *(Inquest)
1369	F.	26 ,,	,,	Melancholia. Very feeble.	About 1 month	222 ,,		Melancholia and Exhaustion
762	M.	21 ,,	Single	Dementia. Fair. Scrofulous diathesis	14 years	6 ,, 204 ,,		Epilepsy
1304	F.	82 ,,	Widow	Imbecility. Aged. Weakly.	About 4 mths.	1 ,, 78 ,,		Old Age and Anasarca
1399	M.	60 ,,	Married	Mania. Febrile. Symptoms of General Paralysis	6 months	100 ,,		Softening of the Brain & Apoplexy
1303	F.	51 ,,	,,	Mania. Febrile.	About 3 days	1 ,, 103 ,,		General Paralysis of the Insane
1352	M.	63 ,,	Widower	Dementia. Feeble.	5 or 6 months	304 ,,		Softening of the Brain
824	F.	38 ,,	Single	Dementia with Epilepsy. Weakly.	Many years	6 ,, 5 ,,		Epilepsy
1441	F.	53 ,,	Married	Melancholia. Bad.	3 months	8 ,,		Melancholia
1132	M.	34 ,,	,,	Mania. Fair.	14 days	3 ,, 26 ,,		General Paralysis and Apoplexy
1385	M.	24 ,,	Single	Mania. Febrile.	About 1 week	259 ,,		Disease of Brain and Epilepsy
1133	F.	49 ,,	,,	Mania. Bad. Scrofulous.	More than 1 yr.	3 ,, 68 ,,		Scrofula
68	F.	60 ,,				21 ,, 358 ,,		Ovarian Tumour
1357	M.	48 ,,	,,	Chronic Mania. Weakly. Scrofulous.	Several years	1 ,, 18 ,,		Scrofula
1389	F.	39 ,,	Married	Melancholia. Weakly.	2 months	280 ,,		Phthisis
1409	F.	30 ,,	,,	Mania. Exhaustion. Gangrenous Back.	About 1 week	241 ,,		Mania and Epilepsy
960	M.	43 ,,	Single	Imbecility. Fair.	Congenital	4 ,, 274 ,,		Epilepsy
1425	M.	28 ,,	,,	Congenital Idiocy. Weakly.	Congenital	154 ,,		Epilepsy and Exhaustion

* INQUEST.—*Verdict* :—"That the deceased died from the effects of a wound in the throat, inflicted by himself (previous to his admission into the Asylum) whilst in an unsound state of mind."

Table VIII.
PAUPER DIETARY.

BREAKFAST.	MALES.	FEMALES.
Every Day.	Milk Porridge or Coffee, with 4oz. of Butter for 12 Patients .. 1¼pt. Bread .. .. 7 oz.	Tea, Coffee, or Porridge .. .. 1 pt. Butter for 12 Patients 4 oz. Bread .. .. 6 oz.
DINNER. Sunday.	Roast Meat, free from Bone .. .. 6 oz. Bread .. .. 4 oz. Vegetables .. .. 16 oz. Beer .. .. ½ pt.	.. .. .. 5 oz. .. .. .. 4 oz. .. .. .. 12 oz. .. .. .. ½ pt.
Monday.	Pease Soup.. .. 1¼pt. Bread .. .. 6 oz. Beer .. .. ½ pt.	.. .. .. 1 pt. .. .. .. 5 oz. .. .. .. ½ pt.
Tuesday.	Currant or Fruit Pudding .. .. 16 oz. Beer .. .. .. ½ pt.	Rice Pudding .. 12 oz. Bread .. .. 5 oz. Cheese .. .. 1 oz. Beer .. .. ½ pt.
Wednesday.	Boiled Meat, free from Bone .. .. 6 oz. Bread .. .. 4 oz. Vegetables .. .. 16 oz. Beer .. .. .. ½ pt.	.. .. .. 5 oz. .. .. .. 4 oz. .. .. .. 12 oz. .. .. .. ½ pt.
Thursday.	Irish Stew .. .. 1¼pt. Bread .. .. 6 oz. Beer .. .. .. ½ pt.	.. .. .. 1 pt. .. .. .. 5 oz. .. .. .. ½ pt.
Friday.	Meat in Pie, free from Bone .. .. 5 oz. Pie Crust .. .. 10 oz. Potatoes, sliced .. 12 oz. Beer .. .. .. ½ pt.	.. .. .. 4 oz. .. .. .. 8 oz. .. .. .. 8 oz. .. .. .. ½ pt.
Saturday.	Rice Pudding .. 16 oz. Bread .. .. 6 oz. Cheese .. .. 1 oz. Beer .. .. .. ½ pt.	Currant or Fruit Pudding .. .. 16 oz. Beer .. .. .. ½ pt.
SUPPER. Every Day.	Bread .. .. 6 oz. Butter for 12 Patients 4 oz. Tea .. .. .. 1¼ pt. Or Bread, with Milk Porridge .. .. 1¼ pt.	Bread .. .. 5 oz. Butter for 12 Patients 4 oz. Tea .. .. .. 1 pt.

Irish Stew, made of Meat, Potatoes, Vegetables, &c.

Beer, 14 Gallons to the Bushel.

A Salad once a week.

Tea or Coffee instead of Milk Porridge on Rice Pudding Days.

Regular Workers in the Garden, Laundry, &c., have at 11 a.m., Bread 4 oz., Cheese 1 oz., Beer ½ pint; at 4 p.m., Beer ½ pint.

TABLE IX.

NUMBER OF LUNATICS AND IDIOTS CHARGEABLE TO PARISHES IN THE COUNTY AND BOROUGH OF NOTTINGHAM, ON THE 1ST JANUARY, 1864.

Unions.	In County and Boro' Asylum.			In other Asylums.			In Workhouses.			In Lodgings.			With Friends.			Total.		
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
1 Basford.. ..	34	20	54				16	18	34	1	2	3	8	5	13	59	45	104
2 Bingham ..	11	5	16				3	2	5		1	1		2	2	14	10	24
3 Doncaster ..	1	2	3					1	1							1	3	4
4 Gainsborough ..	1		1					2	2							1	2	3
5 Loughborough..		2	2														2	2
6 Mansfield ..	16	12	28				7	7	14		2	2	5	5	10	28	26	54
7 Melton Mowbray																		
8 Newark.. ..	7	14	21	1		1	2	4	6				1	2	3	11	20	31
9 Nottingham* ..	36	48	84				35	42	77				23	49	72	94	139	233
10 Radford.. ..	16	22	38				1	5	6				3	4	7	20	31	51
11 Retford	10	12	22				3	9	12				7	10	17	20	31	51
12 Shardlow ..	4	2	6											1	1	4	3	7
13 Southwell ..	13	15	28				2	4	6							15	19	34
14 Worksop ..	7	2	9	3	1	4	1	7	8					1	1	11	11	22
County Patients	3		3													3		3
Out-County „	1	1	2													1	1	2
Total ..	160	157	317	4	1	5	70	101	171	1	5	6	47	79	126	282	343	625
For previous Year	160	154	314	3	2	5	71	97	168		3	3	49	51	100	283	307	590
Increase		3	3	1				4	3	1	2	3		28	26		36	35
Decrease					1		1						2			1		

* Certain Cases receiving Medical Relief only, are not included in this Return.

ANNUAL ACCOUNT FOR 1863,

OF

RECEIPTS AND PAYMENTS

OF THE

COUNTY & BOROUGH LUNATIC ASYLUM,

AT SNEINTON, NEAR NOTTINGHAM.

RECEIPTS.

	£	s.	d.	£	s.	d.
Balance in Treasurer's hands	1572	12	1			
„ Clerk's hands	46	17	4			
„ Storekeeper's hands	12	11	0½			
				1632	0	5½
From Sales of Pigs	56	15	6			
„ Bones	4	9	5			
„ Rags	3	15	11			
„ Old Stores	6	0	7			
„ Garden Produce	2	1	0			
Return Payments	2	17	6			
				75	19	11

MAINTENANCE ACCOUNT.

From Unions in the County and Borough contributing to the Asylum at 7s. 9d. per week—						
Basford	1129	8	9			
Bingham	360	6	9			
Doncaster	60	12	9			
Gainsborough	21	2	8			
Loughborough	40	8	6			
Mansfield	545	4	10			
Newark	494	17	0			
Nottingham	1730	5	5			
Radford	717	4	10			
Retford	370	6	0			
Shardlow	102	17	10			
Southwell	532	8	3			
Worksop	179	11	9			
				6284	15	4
Carried forward				7992	15	8½

	£	s.	d.	£	s.	d.
Brought forward				7992	15	8½
From Unions in other Counties and Places not contributing—						
Borough of Newark at 12s. per week	163	18	1			
West Derby Union at 14s. ,, ...	36	10	0			
Stone ,, ,, ,, ...	36	10	0			
Stamford ,, ,, ,, ...	34	4	0			
Leicester ,, ,, ,, ...	6	4	0			
Grantham ,, ,, ,, . ..	9	4	0			
				286	10	1
From County Treasurer—						
For Vagrant Pauper Lunatics	68	0	3			
,, Buildings and Repairs	569	6	2			
,, Rates, Taxes, &c.	33	6	8			
				670	13	1
From Borough Treasurer—						
For Buildings and Repairs	284	13	1			
,, Rates, Taxes, &c.	16	13	4			
,, New Buildings	208	10	0			
				509	16	5
From Repayments—						
For Funeral Expenses	22	1	6			
,, Allowance to Patients on Trial	5	9	0			
,, Expenses of Removals	3	11	0			
				31	1	6
Total Amount of Receipts				£9490	16	9½

PAYMENTS.

Salaries and Wages.

	£	s.	d.	£	s.	d.
* Resident Medical Superintendent	400	0	0			
† Resident Medical Assistant	60	0	0			
‡ Chaplain	70	0	0			
‡ Clerk	67	10	0			
† Matron	40	0	0			
† Storekeeper	50	0	0			
				687	10	0
Attendants	426	18	8½			
Servants—Indoor	75	3	0			
,, Outdoor	102	11	5			
,, Occasional	6	19	0			
Male Attendant's Uniform	16	19	2			
Female ,, ,, ...	15	0	1			
				643	11	4½
Carried forward ..				£1331	1	4½

* Without Board or Attendance.
† With Board, Furnished Apartments, Attendance, Washing, Fuel and Gas.
‡ Non-resident.

	£	s.	d.	£	s.	d.
Brought forward				1331	1	4½

PROVISIONS.

Bacon	54	13	4			
Beer—Malt	349	10	0			
„ Hops	59	14	0			
„ Brewer's Wages	40	0	0			
Butter and Lard	225	5	0¾			
Cheese	87	10	0			
Coffee..	62	4	2			
Currants	25	10	5			
Eggs..	7	13	6			
Fish, Poultry, &c.	1	17	11			
Flour..	682	8	0			
Meat..	1244	14	0			
Milk	197	3	0			
Oatmeal and Peas	27	15	0			
Potatoes, Vegetables, and Fruit	78	9	0			
Raisins	2	11	0			
Rice	45	10	0			
Sugar—Loaf	5	4	8			
„ Raw	96	10	6			
Tea	154	14	6			
Tobacco and Snuff	29	2	10			
Treacle	0	8	6			
Vinegar and Spices	13	3	10			
Sundries	27	7	5½			
				3519	0	8¼

NECESSARIES.

Candles	6	16	4			
Coals and Cobbles	321	4	2			
Chimney Sweep	3	10	0			
Gas	79	6	5			
Oil	9	13	3			
Soap	66	7	6			
Soda	6	10	6			
Starch and Blue	12	16	5			
Water Rent	13	10	5			
Wood for Firing	6	17	4			
Sundries	27	12	11			
				554	5	3

SURGERY AND DISPENSARY.

Drugs	43	11	6			
Wine, Spirits, and Porter	22	5	6			
				65	17	0
Carried forward.. ..				£5470	4	3¾

	£	s.	d.	£	s.	d.
Brought forward				5470	4	3¾

Clothing.

Bonnets	2	5	0		
Braces, Handkerchiefs, &c.	5	2	8		
Calico	56	7	1		
Flannel and Serges	16	16	10		
Prints and Gingham	69	11	6		
Shoes	164	15	0		
Tailor and Men's Clothing Materials	74	7	3½		
Smallwares and Sundries	36	1	1½		
Hosiery	30	12	2		
				455	18	8

Furniture and Bedding.

Bedsteads and Bedding	26	10	8			
Blankets	13	13	0			
Carpets, Matting, &c.	25	9	3			
Chairs and other Furniture	14	7	0			
Counterpanes and Curtains	22	2	5			
Crockery	34	4	8			
Culinary Utensils	96	12	10			
Sheetings	74	14	10			
Straw, Tick, Twine, &c.	39	13	8			
Towelling	2	2	3			
Sundries	10	5	1½			
				359	15	8½

Funeral Expenses.

Coffins	10	16	0			
Bearers	9	0	0			
Burial Fees	6	0	0			
				25	16	0

Garden Expenses.

Pigs	53	11	0			
Implements	11	18	0			
Labour	56	8	0			
Seed	17	16	1			
Manure	19	14	6			
Pig Food and Grinding	5	7	6			
				164	15	1
Carried forward				£6476	9	9¼

	£	s.	d.	£	s.	d.
Brought forward				6476	9	9¼

MISCELLANEOUS.

Advertising, Printing, Books, Stamps, and Stationery, &c.	75	2	4			
Amusements	4	8	11			
Recovery of Escaped Patient	0	1	0			
Patients out on Trial and Removal	10	19	6			
Patients at Lincoln	14	12	6			
				105	4	3
Purchase of Land adjoining the Asylum				908	10	0

PAYMENTS FOR NEW BUILDINGS.

Completion of Contract and Extras	507	8	0			
Furniture for the same..	159	0	0			
				666	8	0

BUILDINGS AND REPAIRS.

Blacksmith and Ironfounder	103	0	0			
Bricklayer	159	0	0			
Carpenter and Builders	102	17	0			
Cartage	0	15	7			
Gravel and Gas Tar	5	2	6			
Glazier	25	19	3			
Ironmonger	47	14	0			
Painting and Paperhanger	70	8	0			
Plumber	119	9	0			
Stone Mason	17	3	5			
Timber	39	0	4			
Whitewashing	50	0	0			
Miscellaneous	28	16	4			
Rates and Taxes	40	1	10½			
Insurance	10	12	6			
Architect	114	13	0			
				934	12	9½
Total Amount of Payments ..				£9091	4	9¾
Balance in Treasurer's hands after payment of all Cheques drawn for 1862 Accounts	324	12	4			
Balance in Clerk's hands	50	13	0½			
,, Storekeeper's hands	24	6	7¼			
				399	11	11¾
				£9490	16	9½

Audited February 3rd, 1864,

William Vickers,

L. Heymann.

Average Weekly Cost of Maintenance, Medicine, Clothing, and Care of Patients during the Year 1863.

	s.	d.
Provisions	4	2½
Clothing	0	6½
Salaries and Wages	1	7
Necessaries *(e.g.)* Fuel, Light, Washing, &c.	0	8
Surgery and Dispensary	0	0½
Wine, Spirits, and Porter	0	0¼
Furniture and Bedding	0	5¼
Garden and Farm	0	2¼
Miscellaneous	0	1⅛
	7	9¾
Less Monies received for Articles, Goods, and Produce sold (exclusive of those consumed in the Asylum)	0	1
Total Average Weekly Cost per head	7	8¾

Daily Average Number of Patients Resident, 320

Weekly Charge for Paupers from Counties or Boroughs to which Asylum belongs, 7s. 9d.

Ditto ditto from other Counties or Boroughs, 12s. and 14s.

Any excess beyond the Weekly Charge is carried to the General Fund.

GENERAL STATEMENT

ON ACCOUNT OF THE NOTTING

FROM 1ST JANU

RECEIPTS.

	£	s.	d.
Balance in hand, 1st January	1632	0	5½
RECEIPTS UNDER THE FOLLOWING HEADS, VIZ.			
1 From Interest on Monies invested	0	0	0
2 „ Sales and Produce of Labour, &c., &c.	75	19	11
3 Maintenance Account, viz.			
Private Patients	0	0	0
Pauper ditto { (1) From Counties and Boroughs to which Asylum belongs ..	6352	15	7
Pauper ditto { (2) From other Counties and Boroughs	286	10	1
4 From County and Borough Treasurers, under the following heads:—			
For Buildings and Repairs	853	19	3
„ Furniture and Fittings	0	0	0
„ Rent of Land	0	0	0
„ Rent of Buildings	0	0	0
„ Rates and Taxes	50	0	0
„ New Buildings	208	10	0
5 From Voluntary Contributions	0	0	0
6 Miscellaneous	31	1	6
Balance due to Treasurer, 31st December	0	0	0
Total Receipts	£9490	16	9½

FINANCI

	£	s.	d.
To Assets on 31st December, 1863	4537	3	3½
Increase	84	8	7¾
	£4621	11	11¼

Audited February 3, 1864.

William Vickers.

L. Heymann.

ECEIPTS AND PAYMENTS

TY AND BOROUGH LUNATIC ASYLUM,

CEMBER, 1863.

PAYMENTS.

	£	s.	d.
Balance due to Treasurer, 1st January	0	0	0
PAYMENTS UNDER THE FOLLOWING HEADS, VIZ.			
1 Monies invested during the Year in the Purchase of Land	908	10	0
2 Salaries and Wages	1331	1	4½
3 Provisions (including all Articles of Diet, except Wine, Spirits, and Porter)	3519	0	8¼
4 Wine, Spirits, and Porter	22	5	6
5 Necessaries (*e.g.* Fuel, Light, Washing, &c.)	554	5	3
6 Surgery and Dispensary	43	11	6
7 Clothing	455	18	8
8 Furniture and Bedding	359	15	8½
9 Funeral Expenses	25	16	0
10 Building and Repairs	883	18	5
11 Garden and Farm	164	15	1
12 Rates, Taxes, and Insurance	50	14	4½
13 Miscellaneous	105	4	3
14 Payments for New Buildings and Furnishing	666	8	0
Total Payments	9091	4	9¾
Balance in hand, 31st December	399	11	11¾
	£9490	16	9½

Audited February 3, 1864.

William Vickers.

L. Heymann.

EMENT.

	£	s.	d.	£	s.	d.
By Payment for Land Purchased				908	10	0
„ New Buildings				525	10	0
Due by Unions in the County, for Maintenance of Patients, up to 31st December, 1863 ..	1678	4	7			
Due for Out-County Patients	34	4	5			
				1712	9	0
Due by County Treasurer—						
Balance of Cost of New Buildings	93	18	8			
For Ordinary Repairs	589	5	9			
„ Rates, Taxes, and Insurance	33	16	3			
				717	0	8
Due by Borough Treasurer—						
For Ordinary Repairs	294	12	10			
„ Rates, Taxes, and Insurance	16	18	1½			
„ Balance for New Building	46	19	4			
				358	10	3½
Balance on 31st December, 1862—						
In Treasurer's hands	324	12	4			
„ Clerk's „	50	13	0½			
„ Storekeeper's „	24	6	7¼			
				399	11	11¾
				£4621	11	11¼